

Citizens Advice Copeland South Cumberland Newsletter

citizens
advice

Copeland

June 2025



Want to be more money confident?

Our money confidence sessions aim to support people in gaining the knowledge, skills and confidence to manage their money more effectively and make good financial choices. They can be delivered to groups or 1-2-1 and will be split over two appointments.

All sessions are free and resources provided. If you would like to book onto a workshop or refer someone you work with,

please complete the online referral forms using the QR code below.

For more information on the workshop please call us on 01946 693321 or email advice@cacopeland.org

Book your workshop today!



Visit Copeland's website



SCAMnesty

The National Trading Standards Scams Team will be running a SCAMnesty campaign to encourage everyone in the UK to send in any scam mail that they receive to the team, free of charge. The team works with enforcement agencies abroad and here in the UK to tackle mail scams head on. All mail sent in supports the team's investigations into the criminals behind scams. It also allows the team to understand the latest trends in scam mail landing on consumers' door mats.

If you, or someone you know is in receipt of scam or nuisance mail, the NTS Scams Team's Investigators want to see it! They already use the mail that they receive from Scam Marshals to great effect through their disruption techniques but the team would like to see more and put a stop to these mailings landing on consumers' door steps.

Postal scams are letters sent with the goal of obtaining your money using deception or fraud.

There are many different types of scam mail:

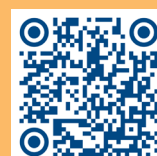
- fake lotteries or prize draws
- fake psychics
- bogus health cures
- investment scams

The NTS Scams Team estimates that only 5% of these crimes are reported; this can be due to a number of reasons, including shame or embarrassment, or even that victims don't know who to report scams to. Victims of these crimes shouldn't feel ashamed at all - these criminals are experts at what they do and know exactly how to commit their fraud.

The SCAMnesty campaign will run for four weeks from Monday 2nd June.

Send Mail (no Need For A Stamp) To: NTSST, FREEPOST, MAIL MARSHALS

For more advice on Scams scan this QR code



Scams Advice



Volunteer with us!

Join our team of volunteers and make a difference in your local community!

People volunteer with us for many different reasons, but one thing that unites them all is that they find it challenging, rewarding and varied.

We have volunteers who:

- Advise clients
- Complete forms
- Are trustees
- Campaign for change
- Fundraise
- Promote our services in the community



"My name is Hanna, and I have been volunteering with Citizens Advice Copeland since January 2025. Volunteering has been an incredibly important opportunity for me, a chance to contribute to the community in Cumbria, a region that gave our family new hope after we had to leave our home, destroyed by the war in Ukraine. With over eight years of experience working in the humanitarian sector, I now find myself among those who must start life anew. I am deeply grateful to Citizens Advice Copeland for their support, kindness, and for welcoming me into their team. Being a volunteer here is a way for me to truly give back to the country that offered us a chance for a new beginning"

Apply to be a volunteer with us today!

If you would be interested in volunteering email advice@cacopeland.org or call **01946 693321** and we will be happy to either email or post you an application form.

Scan the QR code

which will take you to our website for more information and the application form.



Volunteer with us!



How you can access our services

Contact us to arrange a telephone appointment **01946 693321**

We have some availability for face to face appointments from our Millom office on a Thursday. To check availability please contact us.

Email advice@cacopeland.org

Our website is also packed full of information & advice that you can access anytime: citizensadvicecopeland.org.uk

Find us on Social Media



South Cumberland Community Outreaches

We're going to be at some outreach sessions in the South Cumberland area over the next few months. At all our outreach sessions we promote the services we offer and if you come to us in need of help we can add you to our list for an adviser to contact you.

Here are the outreaches we will be at:

Wednesday 11th June - Seascale Library drop-in, Gosforth Road, Seascale 10am-12.30pm

Wednesday 2nd July - Millom memory cafe, Millom Rugby League, Coronation Field, Devonshire Road, Millom 11am-12.30pm