

We are 85!

We at Citizens Advice Copeland have recently celebrated our 85th Birthday on Wednesday 4th September. To celebrate this amazing milestone we have been doing some fundraising including a bake sale, tombola and a prize raffle. We would like to say a huge thank you to everyone who bought raffle tickets and donated prizes! We had a party on the day inviting all our past and present staff and volunteers who all enjoyed reminiscing over a cuppa and cake! We have been giving advice

to the residents of Copeland since 1939! We are an independent charity working for the whole of society in Copeland - whoever you are, whatever your problem. We are supported by volunteers who are at the heart of the communities they serve. We are campaigning on the issues that affect every single one of us. We are here for you with practical advice you can really trust, when you really need it. We look forward to many more years of providing support, guidance, and advice to those in need, and to making a positive impact on the lives of individuals and families in the local area.



Could you or someone you know be eligible for Pension Credit?

Pension Credit is a weekly boost to your income based on how much money you have coming in.

Are you eligible?

You might be able to get Pension Credit if you:

- Have reached state pension age
- Don't have too much income or savings
- Live in the UK

You can check if you're entitled to Pension Credit on our website or using the Pension Credit calculator on the gov.uk website.

It's worth applying even if you don't think you'll get much.

Winter Fuel Payment

Eligibility for the Winter Fuel Payment has changed this year.

Now, you'll only get the Winter Fuel Payment if you also get certain benefits including Pension Credit or Universal Credit.

If you're entitled to the payment, you'll get a letter in November if you haven't received one already and it's usually paid automatically.

You'll get £200 if you're aged under 80 or £300 if you're over 80.

Become a Fundraising volunteer!

Each local Citizens Advice is an independent registered charity reliant on money from local authorities, companies, charitable trusts and individuals.

As a fundraiser you will:

- Work with the local Citizens Advice team to meet fundraising targets
- Help with researching fundraising opportunities
- Organise fundraising events
- Help fill out and submit fundraising applications

- Put together presentations to give to potential funders

If you would be interested in volunteering email advice@cacopeland.org or call **01946 693321** and we will be happy to either email or post you an application form.

or scan the QR code which will take you to our website for more information and the application form



Volunteer with us!



Are you in debt to your energy supplier?

Speak to your energy supplier as soon as possible - your supplier has to help you and negotiate a deal that works for both of you.

Seek debt advice from a reputable charity or organisation such as Citizens Advice Copeland, StepChange or the National Debtline.

Save energy around your home by being more energy efficient.

There are some easy things you can do around

your home to save energy and money.

You could:

- Check your central heating controls
- Use your appliances more efficiently
- Keep heat inside your home

But make sure you keep your home warm enough so there's less risk of your home becoming damp and you getting ill.

For more energy advice scan this QR code



Energy Advice



How you can access our services

Contact us to arrange a face to face or telephone appointment **01229 772395**

Email advice@cacopeland.org

Face to face appointments will be at our Millom office (pre-booked appointments only):
31 Wellington Street, Millom, LA18 4DG

Our website is also packed full of information & advice that you can access anytime:
citizensadvicecopeland.org.uk

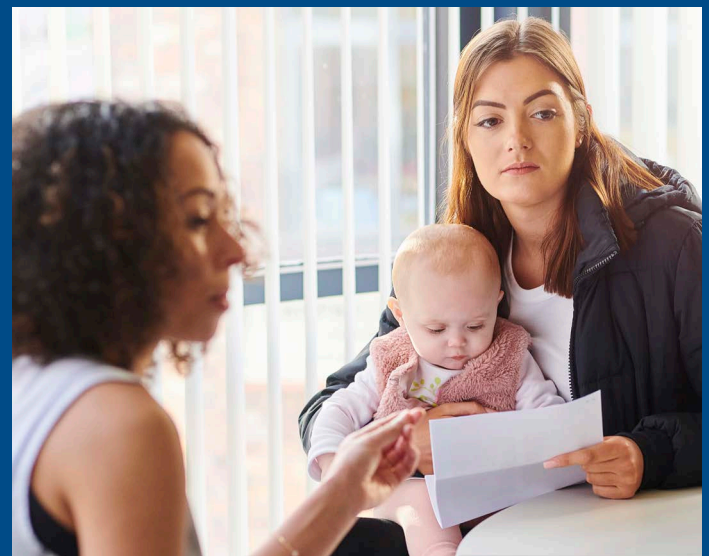
Find us on Social Media



Follow us on TikTok!

We have a new TikTok account please find the link below if you would like to follow us:

[TikTok account](#)



Notice of Annual General Meeting

Citizens Advice Copeland

Date: Wednesday 20th November 2024 at 3pm

Venue: Phoenix Enterprise Centre

If you would like to attend please email us to reserve a place: advice@cacopeland.org